



## Sharpline Mission

To be the leader in the field of designing / developing / marketing and manufacturing graphic image products. Through team cooperation and superior service, build a safe, secure and profitable business for the benefit of all employees and customers.

## Sharpline Quality Statement

Sharpline is committed to continuous quality improvement of product and process through the review of Sharpline goals, preventative actions and corrective actions. Management shall ensure that the importance of meeting customer, as well as regulatory and legal requirements, is effectively communicated to the organization.

## Holiday Schedule

### Labor Day

Sharpline will be closed on Monday, September 5th and will pay 8 holiday pay to all eligible employees.



**2nd Shift** employees who normally work 10 hour shifts will work 8 hours on Tuesday, September 6 – Friday, September 9th.

**Weekend Shift** will be off Sunday, September 4th and will work the normal scheduled shift on Friday, September 2nd and Saturday, September 3rd.

## Birthdays

### SEPTEMBER

Jeremy Russell	9/02
Patrick Lane	9/03
Teuanechit Banh	9/04
Tom Rinkenberg	9/05
Van Dung Huynh	9/07
Jocelyn Kellogg	9/08
Jazmine Paul	9/09
Sara Bandasack	9/15
Debbie McDonough	9/16
Pedro Nava	9/16
Greg Duchinsky	9/17
My Linh Phung	9/18
Tim Stark	9/18
Mark Gutierrez	9/19
Paul Mayfield	9/19
Achily Speer	9/19
Sophia Vaughn	9/21
Olga Lemus	9/23
Tami Thomas	9/24
Michael Shields	9/26
Mike Carroll	9/27

## Birthdays

### OCTOBER

Jose Facio	10/03
Tony Perez	10/04
Eva Delgado	10/06
Sydney Handy	10/08
Derek Jackson	10/08
Leon Nguyen	10/09
Delmy Garcia	10/10
Dominique Oupkeo	10/10
My Hanh Tran	10/10
Juan Bailon	10/11
Briseida Perez	10/12
Linda March	10/15

## New Hires

### 1ST

Roxana Alfaro Ruiz	Roll Labels
Hong Yen Pham	Finishing
Afrah Hameed	Finishing

### 2ND

Mariah Love	Screening
Sen Hong Huynh	Finishing

## Safety Bingo

As of Thursday, August 25th, 1st shift has gone 1 working day(s) without a reportable injury. 2nd, 3rd, and Weekend shift have gone 107 days.

## No Safety Bingo Winners This Month

# Anniversaries

## 5 YEAR

Jessica Rivera

9/05

## 40 YEAR

Kenny Snyder

9/08

Sharpline OTC	PAST 4 WEEKS			
OTC GOAL - 95%	93.58	96.48	96.12	92.42
AUTO BACKORDERS < 25	12	9	10	4
CM ORDERS % > 28 DAYS	86.7	96.3	85.6	71.5
CM ORDERS % > 42 DAYS	31.9	51.6	26.5	26.6
CM ON TIME GOAL: > 95%	95.30	99.26	94.83	94.38
YIELD GOAL: 97%	96.0	96.0	96.4	96.8

## Body Positivity

*If you follow health trends, then you may have noticed the term body positivity or its more recent adaptation, body neutrality. Body positivity sentiments have become more mainstream, especially on social media, where posts are often accompanied by the hashtag #bopo.*

The Body Positive Institute defines body positivity as “a way of living that gives you permission to love, care for, and take pleasure in your body throughout your lifespan.” At its core, the movement is about accepting your body as is, without judgment. Not long after the body positivity movement began, the Health at Every Size® (HAES®)2 slogan was registered as a trademark in 2003 by a nonprofit organization called the Association for Size Diversity and Health®.

### They describe the HAES® movement this way:

- A continuously evolving alternative to the weight-centered approach to treating clients of all sizes
- A movement with a mission to “promote size acceptance, to end weight discrimination and stigma, and to lessen the cultural obsession with weight loss and thinness”
- The acceptance and respect of all body shapes and sizes

Both groups reject the use of body measurements, such as weight or BMI, as determinants of health, claiming it does more harm than good for emotional wellbeing. Both organizations do, however, support balanced eating and physical activity habits, which traditional weight management programs support as well.

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***No matter where you stand, the disagreement does highlight that health is a personal matter. How you address your unique health risks depends on your beliefs, values, and who you choose to be part of your health care team. It is also clear that in order to achieve optimal health, both body positivity and healthy habits are needed.***

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The movement is not without critics. Some are disenchanted by BoPopiation (misappropriation of body positivity) through the overly-commercialized use of the term, while others are concerned about the health risks associated with not addressing excess body fat.

## Be Positively Healthy

*Here are some simple strategies to help you make a shift back toward healthier habits:*

**Define your eating style.** Whether you choose to focus on plant-based foods or reduce the number of highly processed foods you consume, aligning your eating style with your unique health needs, goals, preferences, and beliefs will help you create lasting change.

**Prioritize movement.** Regular physical activity is vital for maintaining your body’s optimal level of function. Be sure to include a variety of different exercises, such as endurance, strength, balance, and flexibility activities.

**Eat mindfully.** Learning to tune into your body’s natural hunger and fullness cues will help you eat more mindfully and regulate your weight more naturally.

**Get enough sleep.** Getting sufficient amounts of restful sleep has been linked to better regulation of hunger hormones, and ultimately body weight. Aim for at least 7 hours of sleep each night to give your body enough time to fully recover.



An ISO 9001 Certified Organization